



Your
PRACTICAL EHSQ
solutions **PARTNER**

Topesh Consultancy & Training Services PLT

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Vision

Nurturing Talent
Through Experiential
Learning Modules



About us

Topesh is 10 years in 2014. We started off in 2004 as a young and ambitious group of consultants with lots of ideas and energy to provide practical yet highly value added services in EHSQ Management. We have been firm in this till today.

Today we have conducted ourselves across South East Asia, China and Bangladesh; over 500 companies; 8000 participants in about 50 different industry segments. We have partnered MNCs, Government Agencies and large local organizations towards excellence.

Our Commitment

As a team of passionate and engaged people, equipped with the right tools and skills, TOPesh wants to deliver the desired needs of our customer successfully.




Our team's expertise allows us to offer an extraordinary range of solutions. No matter what the size of your business, we will offer you options to enable you to get the very best performance from your team.

In order to ensure the relevance and focus demanded from good training programmes, we have listened closely to the views of our clients and professional trainers. This has led our team to respond positively to adaptability of changes on customer's request to the range of courses and the methodologies we apply when running them.

We'll go the extra mile for you, every time.

Our Experience is Your Advantage...

With over 10 years of experience consulting, training and auditing over 500 companies in South East Asia, Bangladesh and China in Management Systems (ISO9001, ISO14001, OHSAS18001, SA8000, Road Safety, Wastes Management) as well as in having trained over 8,000 participants, you can be rest assured that our team of consultants are well versed in their areas of expertise. We believe that your investment in us, is an investment to your advantage.



We at TOPesh are committed to assist you by providing the following services:

Consultancy

- Integrated Management System (ISO9001, ISO14001 & OHSAS18001)
- Quality Management System (ISO9001)
- Environmental Management System (ISO14001)
- Occupational Safety & Health Management System (OHSAS18001)
- Road Traffic Safety Management System (ISO39001)
- Energy Management System (ISO50001)
- Social Accountability Management System (SA8000)
- Information Security Management System (ISO27001)
- Oil, Gas & Petrochemical Quality Management System (Q1 / Q2)
- Eco-labelling Schemes (Singapore Green Label)
- Prime Minister's Hibiscus Awards Submission
- International Awards Submission
- Business Social Compliance Initiative (BSCI)
- Managing Occupational Road Risks (MORR)
- Wastes Management
- International Awards Submission (RoSPA; MORR, Singapore President's Awards)

Auditing

- Management System Audits
- Internal Audits
- Legal Compliance Audits
- Pre-Certification Audits
- Gap Analysis
- Live Audit (Road Safety)
- GPS Reliability Audit
- Supplier Audits



Training

Training and Competency

Quality Management Topics

- Introduction to ISO9001 - The Process Approach
- Internal Audit Training for ISO9001
- Quality Management for Manufacturing Sector
- Quality Management for Services
- Quality Management for Health Care
- Quality Management for SME
- Integrating QMS with EHS MS
- Simplistic Document Control
- Business Risk Management in accordance to ISO9001:2015

Environmental Management

- Introduction to ISO14001
- Internal Audit Training for ISO14001
- Introduction to Environment Quality Act
- Management of Hazardous Substance
- Personal Protective Equipment
- Emergency Preparedness and Response
- Green Procurement
- Scheduled Wastes Management
- Health Care Wastes Management
- Solid Wastes Management
- Global Warming and Climate Change
- Environmental Aspects / Impacts Assessment



Laws & Regulation Training

- Introduction to Malaysian EHS Laws and Regulations
- Environment Quality Act
- Factories & Machinery Act
- Occupational Safety & Health Act
- Environment Quality (Scheduled Waste) Regulations 2005
- USECHH Regulations 2000
- NADOOPOD Regulations 2004
- CLASS Regulations 2013
- Legal Requirement for Scheduled Wastes Prescribed Premises
- Private Healthcare Facilities Act
- Solid Wastes Management and Public Cleansing Act
- Road Transport Act
- Poisons Act

Occupational Health & Safety Management

- Hydrogen Sulfide (H2S) Safety Training
- Understanding International Maritime Dangerous Goods (IMDG)
- Introduction to OHSAS18001 / MS1722
- Internal Audit Training for OHSAS18001
- Introduction to Occupational Health and Safety Act 1994
- MSDS and CLASS Regulations 2013
- MSDS and USECHH Regulations 2000
- Introduction to Factories and Machinery Act
- Management of Hazardous Substance
- Personal Protective Equipment
- Noise and Hearing Conservation
- Incident & Accident Investigation and Reporting
- First Aid and Medical Emergency Preparedness
- Manual Handling
- Ergonomics in Office
- Standing at Work
- Hazard Identification and Risk Assessment (HIRADC)
- Introduction to ISO27001:2013
- ISMS Internal Auditor's Training
- Personal Data Protection Act and its Implementation

Road Safety Management Topics

- Introduction to ISO39001
- Internal Audit Training for ISO39001
- Road Safety Management & Its Implementations
- Driver Fatigue Management
- GPS Tracking and Its Application in Road Safety Campaigns
- Biking Safety
- Defensive Driving
- Accident Procedures

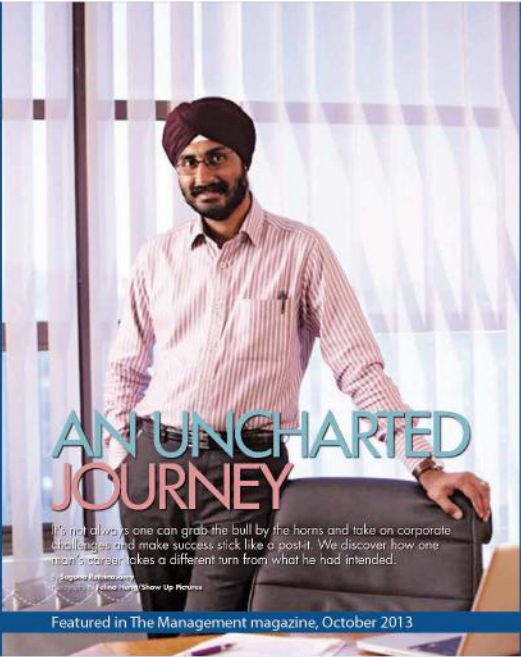
General EHS Awareness Training

- EHS Awareness for Top Management
- "Where is your waste going?"
- Paper Conservation
- Domestic EHS (Environment, Health and Safety @ Home)
- Climate Change – does it affect me?

Training and Competency



we have served...



SURINJEET SINGH
 Managing Partner,
 Principal Consultant

It's not always one can grab the bull by the horns and take on corporate challenges and make success stick like a post-it. We discover how one man's career takes a different turn from what he had intended.

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Founding and Managing Partner of Topesh Consultancy & Training Services has over 15 years of experience as a consultant, trainer and speaker. A NEBOSH IGC Certified Professional and a certified Lead Auditor for ISO9001, ISO14001 & OHSAS18001, his experience spans the South East Asian region, China and Bangladesh. Surinjeet is also an assessor for the prestigious Prime Minister's Hibiscus Award for Environmental Excellence and has assisted numerous organizations in international award schemes such as RoSPA, MORR, Singapore President's Award and the Singapore Green Label Certification. In October 2013, Surinjeet was featured in The Management magazine, a publication of the Malaysian Institute of Management.